



Supporting each other towards a generous and robust society

Example of an abstract/summary of project/practice experiences

Title: Democracy program for young people in Utopia municipality

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(From here, a maximum of 2,800 characters, including spaces, which are inserted in the "Abstract/summary" box in the submission form + a maximum of 200 characters, including spaces, for the main message or implications for prevention, which are inserted in the main message box.)

Issue or Problem or Background Describe the challenge that the project or initiative aims to solve or improve. Include the background and significance of public health. Explain why the study is important and useful for other municipalities/areas.

Description of the problem Present a clear description of the project, intervention, or initiative, including the time frame, objectives, and methods used. The measure should be innovative and relevant to other municipalities/areas. The questions that the project should answer should be listed.

Results Present the results (effects or changes) from the project/initiative and try to answer the questions that were set in advance. Both negative and positive experiences and results can be interesting. Only describe the results that are related to the measure/project. Since a summary can be referred to, this paragraph must contain data instead of a statement that "data will be discussed". If appropriate, describe that the results are preliminary.

Lessons or What have we learned? Only describe the lessons that have directly come out of the project/initiative. Describe public health measures that have been recommended and/or have been carried out as a consequence of the project/measure. Highlight what others can learn from this project/initiative. If relevant, describe how the project/initiative was innovative.

Main messages or Implications for prevention measures Max 200 characters summarizing the significance of the work/implications for prevention.

